

Five Winds - Hiking Series

Event Title **Bearshead Lake Hike**

Event Type	Overnight
Event Location	Mc Crae Lake Reserve area
Start Date & Time	Saturday, November 05, 2016
Start Time	10:00:00 AM (at trail head)
Finish Date	Sunday, November 06, 2016
Estimated Finishing Time	6:00:00 PM (back in Toronto)
Registration Cut-off Date	Wednesday, November 02, 2016
Event Duration	2 days
Difficulty Rating:	Easy to Intermediate
Event Coordinator	Gary Ataman 905-922-1434 cell
Member Cost	Share Carpool only
Participant Info:	
Who's Invited	Adults
Maximum Group Size	12
Minimum Group Size	3
Are Dogs Permitted	Yes, well behaved



Itinerary:

Are you ready for another easy adventure hike?

We will be exploring a new area in the McCrae Lake Reserve, Bearshead Lake.

We will be hiking across classic Canadian Shield territory. Our trek will include some Five Winds backcountry ski trails and some bushwhacking.

The challenge on this adventure will be to covering the planned distance of 10 km/day and surviving the cold November night. I expect around freezing temperatures at night. So come prepared.

The focus will be on light weight backpacking techniques. So no tents would be the goal to cut down on weight/bulk. Everyone will bring one tarp. We'll team up with a buddy and constructing tarp shelters. Cooking over the open fire at night. Dress in layers. Hiking boots and Crocs to cross streams/flooded beaver dams.

This trip is open to moderate experienced hikers with overnight fall camping experience. You need to be able to be comfortable bushwhacking on this adventure. You need to be able to hike on trails at around 4-5 km/hr and bushwhack at 2.0 km/hr, for 3-4 hours/day. be prepared to cross shallow creeks and flooded beaver dams.

Itinerary:

Planning will be coordinated via emails and phone calls. Maps, etc will be forwarded before the outing to help you prepare. A planning spreadsheet will be sent out and needs to be filled in and returned to the coordinator in a timely manner to solidify your spot on the trip. In addition, if you are new to the coordinator a series of questions will be asked to determine your experience and fitness level. This will allow the coordinator to create balanced shelter teams and keep everyone safe and happy.

Everyone will need to have a whistle, and a small first aid kit.

Everyone will need to sign a liability waiver at the trail head parking lot.

On Sunday afternoon after the outing we will have an early supper in Coldwater where we can sort out the carpool funds and have a few laughs.

Required Items to Bring:

Fall camping clothing and equipment (eg. sleeping bag(s) equivalent rated to -5C, sleeping pad, small tarp (~8' x 10' or 9.5 X 9.5'), hiking boots, water crossing crocs/saddles, dress in layers, backpack, water bottle, food, cooking gear, etc.

Hunter orange vest, hat or pack rain cover since it is hunting season

50' rope for food tie up (a few in the group)

Whistle and First Aid Kit

Your own food or team up with others

Cash for share of carpool

Recommended Items to Bring:

Camera, sun glasses, lipseal

NO cotton clothes.

Crocs or sandals for water crossings and around camp.

How to Get There:

Event Directions	See organizer for map and directions
Carpool to Event Distance (round trip)(km)	350
Carpool Departure Time	8:00 AM
Carpool Location	TTC Downsview Station
Carpool Directions	See me for map and directions
Cost (\$) per Km	0.2
Total carpool cost per car (\$)	70.00

Notes;(if you have not fall camped with me)

1. Please provide a brief description of your fall camping and hiking experience.
2. List gear you have and need.
3. How would you describe your physical fitness?
4. Can you swim?

Cost & Payment:

Your share of the carpool total cost / total people in carpool. Payment in cash.